

Results of 2019 survey of blepharospasm patients

BEBRF (Benign Essential Blepharospasm Research Foundation) surveyed their membership with the following results: Of 285 blepharospasm patients who answered our survey, the average time patients got significant improvement from their botulinum injections was 10 weeks. Here is the breakdown:

1-4 weeks improvement:	32 patients	11%
5-8 weeks improvement:	85 patients	30%
9-10 weeks improvement:	67 patients	24%
11-12 weeks improvement	63 patients	22%
13+ weeks improvement	38 patients	13%

Of note: 65% of patients get significant improvement of their symptoms for LESS than 12 weeks. When asked how often patients ACTUALLY got their injections, the average was 13 weeks. Clearly, patients are not achieving optimal control of their symptoms, in part due to delays getting injections when symptom control has diminished.